

# The Rays of Sunrise

Sunday, March  
4, 2010

## From Dave's Desk...

So...I pulled on my running shoes and headed—to the rodeo!

An hour or two earlier I had received an encouraging preliminary report after the first of my doctor appointments at Houston's MD Anderson Cancer Center. "Stable" was the good word. After the inevitable anxiety that comes from waiting for the results of scans and lab tests, "stable" sounded wonderful to me.

And so—unable to resist the temptation to celebrate—I traded in a brief case full of waiting responsibilities for my Nike's and followed the advice of several locals. "You've got to see *RodeoHouston!* It's here during the month of March. Don't miss it!"

A half an hour's walk away from the hospital I found myself at the site occupied by the once famous Houston Astrodome. While the tired Astrodome still stands there, it looks small next to the shiny new Reliant Center, home of the Houston Texan football team, and several other Texas sized buildings.

It was mid-week and mid-afternoon. The marquee performances still several hours away. The walkways were first uncrowded. But as the afternoon shadows grew longer, the crowds grew larger. I'm not sure when—maybe an hour—after I began my first-ever *RodeoHouston* exploration, I began to feel more and more self-conscious. I was wearing the wrong thing! Nobody, but nobody wears *Nike* running shoes at a rodeo—unless they are a graying pastor from west-Michigan!

Black cowboy boots! Brown cowboy boots! Barnyard boots! Fancy jewel-studded boots! You can wear any kind of boot at *RodeoHouston*; just don't show up with anything that says *Nike*, *Reebok*, *Saucony* or *New Balance*!

I went to the cattle cutting competition in the horse arena (Please don't panic. In "cutting" you only demonstrate how, by your horsemanship, you can separate a calf from the herd). I enjoyed the cutting competition—for a while and I could hide my feet under my seat, but the odor from the herds and the horses in the arena was indescribable! I decided that watching a rodeo on TV—there was a lot to miss!

The livestock barn was as big as a dozen football fields. The young folks were trimming their goats' beards, the middle aged folks were feeding their immense beef cattle and the old folks were swapping ranch Texas tall tales. But none of them there had Nikes! I paused a couple of feet away from a Long-horn whose horns, I would guess, had to measure six feet from tip to tip. I felt safe there. At least no one was looking at my *Nikes*!

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Last Sunday I was talking with some high school students about the challenges they face because they want to fit in with the crowd. While I learned plenty at the rodeo, perhaps the most spiritually significant thing I learned was that we never really grow beyond our desire to be like those around us.

Recognizing that, I guess it makes it of paramount importance that I surround myself with people who have their *"feet fitted with the readiness that comes from the gospel of peace"* (Ephesians 6:15).

Ready for a run together?

*Pastor Dave*

### **Today's Rising...**

Teaching Pastor: Tim Breen

Sermon Title: A Firm Foundation: This Really Changes Things

Sermon Text: John 11: 38-57

### **Sunrise Schedule for this week...**

#### Today:

KidZone and Little Lambs will meet during the worship service.

20s & 30's Bible Study – 5:30 p.m. at Pastor Tim & Tami's home.

#### Monday:

Board of Directors meet – 7:00 p.m. at the church office.

#### Wednesday:

Men's Early Morning Bible Study – 6:30 a.m. at the church office.

Retreat committee wrap up meeting – 12:30 at Panera Bread on Kenowa.

Ladies Evening Beth Moore Pizza dinner & Bible Study – 6:00 p.m. at Carol VanHaitsma's.

Young Ladies Evening Beth Moore Bible Study – 7:00 p.m. with Christy Veltman.

#### Thursday:

Ladies Morning Beth Moore Bible Study – 9:00 a.m. at Kelly Bryant's home.

Men's Evening Bible Study – 7:00 p.m. at Pastor Dave's home.

### **From the Board of Directors...**

The offering collected on March 7<sup>th</sup> was \$4,291. Our budget for 2010 is \$4,198 per week. Totals for the month of March are: Budget \$4,198, Actual \$4,291. Average giving per week for the year has been \$3,767. The board of directors wants to thank you for your gifts to Sunrise Ministries. It is our prayer that the Lord will use these monies in ways that none of us can imagine.

### **Our Church Family...**

- We are thankful with the Doornbos family for the news that there are no serious issues with Trace's heart. Thanks to everyone who lifted him up in prayers this past week.
- Please continue your prayers for Suzanne & Hugh Guingrich's 5 month old grandson, Grayson, who has been suffering from a virus that is complicating his asthma and breathing.

### **20's & 30's Small Group...**

The 20's & 30's group will meet tonight from 5:30 – 7:00 p.m. for Bible Study at Pastor Tim & Tami's home. All those in their 20's & 30's are welcome! Please bring a snack to pass. Child care will not be provided.

### **Ladies Evening Beth Moore Bible Study...**

The Ladies Evening Beth Moore Bible Study will enjoy a pizza supper before Bible Study this Wednesday. Please come to Carol VanHaitsma's home at 6:00 p.m.

### **Women's Retreat Committee Meeting...**

The Women's Retreat Committee will have a wrap up meeting this Wednesday. The meeting will be held upstairs at Panera Bread on Kenowa at 12:30pm. If anyone that attended the retreat has positive feedback, suggestions or concerns, please e-mail Kelly Bryant @ [CPeaceInHim@gmail.com](mailto:CPeaceInHim@gmail.com) so the committee can review these at their wrap up meeting.

### **Easter Flowers...**

Time to order your Easter flowers to help decorate the front of church on Easter Sunday morning! You can order these flowers in memory of or in honor of a loved one and this list will be published in the Rays. They will be available for you to take home after the service. Payment will be due with your order. Please make checks payable to Sunrise Ministries and place your order in the box on the information table or mail it to the church (PO Box 186, Hudsonville, MI 49426). Please order by Sunday, March 21. If you didn't bring your form with you today, extra forms are on the information table.

\*\*If you will be gone over Easter on a spring break vacation, but would still like to order flowers, we can have your flowers donated to a nursing home. Be sure to mark that on your order form.

### **Orange Pages Registration Continues...**

If you represent, own, or manage a business – or if you or a family member has a special skill or gift (babysitting, landscaping, video editing, proofreading, etc.) please fill out a registration blank for inclusion in the upcoming release of the Orange Pages, an in-house directory of services offered by Sunrise members. The forms are on the information table – make sure you're listed!

### **Hudsonville Highlands 5K Race...**

Be sure to save May 1, 2010 for the 2<sup>nd</sup> annual Hudsonville Highlands 5K Race that Sunrise Ministries is sponsoring. Check out [www.hudsonvillehighlands.blogspot.com](http://www.hudsonvillehighlands.blogspot.com) for many details, including a training schedule to get you off the couch & ready to race! Volunteers are needed, and more importantly...runners are needed!! Pass the date along to your family & friends who might want to participate with you.

### **Words for Wellness...**

Children's health experts agree that too much TV and computer time affects health. It can expose them to negative topics and also affect their physical fitness. Time in front of the TV is time not being active!

*Grace Bosma, Parish Nurse*



### **Birthdays this Week**

Today – Cheryl Karsten, Dave Miedema, Peg Thurkettle  
Monday – Peyton VanKampen  
Tuesday – Tim VanHaitsma, Eli Verburg  
Wednesday – Suzanne Guingrich  
Thursday – Heather Breen, Terri Lubbers  
Friday – Tim Bosma, Rebecca Lubbers

### **Anniversaries this Week**

Monday – Dick & Deb Bennett

## Sunrise Volunteer Schedule...

### **Trailer Transportation:**

Today: Kevin Meyer

Next Week: Ron Arendsen

### **Refreshment Servers:**

Today: Mark & Cindy Schreer

Next Week: Pat & Bealynn Dooling

### **KidZone This Week:**

Hugh & Suzanne Guingrich

### **KidZone Next Week:**

Zone 1: Mike Doorn

Zone 2: Mary Henderson

Zone 3: Scott Veltman

Zone 4: Jen Ford

### **Greeters:**

Today: Gary & Lori House,  
Kevin Meyer

Next Week: Gary & Lori House,  
Paul & Barb Erffmeyer

### **Nursery Care:**

Today: BJ & Holly VanKampen

Next Week: Tami Breen,  
Hannah Hultink

Want to know more about Sunrise? Our website, [www.sunrisemin.org](http://www.sunrisemin.org), is loaded with information about our ministries. You'll be able to explore our mission and vision, learn more about our staff, download audio and video clips, and scan past editions of the *Rays*. Bookmark it and check back often!

Sunrise Ministries PO Box 186 Hudsonville, MI 49426 616-669-7865