

SUNRISE FAMILY FOCUS – JESSICA QUADA



Family: Jessica (wearing the white top in the picture) is the baby of the family -- she has a mom, a dad, a brother, and a sister! Her sister, Karen, has two teen gals and her brother, Kevin, lives in Chicago.

Occupation: Jessica is a resident aide at Harbor House Ministries on third shift! She gets the opportunity to display love to those that are multiply impaired.

Hobbies: What does Jessica do when she is awake?!?!? She has taken up running recently, not sure that she enjoys it yet... She likes to read, watch movies, listen to

music, and see MSU win games!!!

Most memorable event of the past year: The 2009 holidays were quite memorable for Jessica. Her nieces played elves and delivered the presents to each of them! But in January her niece, Alyssa, just turned 16! Scary thought to think another teen driver on the roads... lol!

If she had a blank check to take a trip anywhere, where would she go and what would she do there? Jessica would love the chance to take a trip to Atlantis, Cabo San Lucas or Jamaica!!! While there she'd enjoy the beautiful weather ~ swim with the dolphins ~ relax ~ and have fun!!!

Favorite Bible Verse: One of her favorite Bible verses is Jeremiah 29:11! It's great to have the reminder that He has good plans for us. *For I know the plans I have for you, declares the LORD, plans to prosper you and not to harm you, plans to give you hope and a future.*

Three words that describe Jessica: Compassionate, Considerate, and Loyal.

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How can Sunrise pray for Jessica? Please pray this for her - from Colossians 1: 9-12

⁹ So we have not stopped praying for you since we first heard about you. We ask God to give you complete knowledge of his will and to give you spiritual wisdom and understanding.¹⁰ Then the way you live will always honor and please the Lord, and your lives will produce every kind of good fruit. All the while, you will grow as you learn to know God better and better.

¹¹ We also pray that you will be strengthened with all his glorious power so you will have all the endurance and patience you need. May you be filled with joy,¹² always thanking the Father. He has enabled you to share in the inheritance that belongs to his people, who live in the light.

Today's Rising...

Teaching Pastor: Tim Breen

Sermon Title: *A Firm Foundation: The New Economy of Outreach*

Sermon Text: II Corinthians 5:11-6:2

Today:

Children's Change for God's Church will be collected this morning.

KidZone and Little Lambs will meet during the worship service.

High School Youth Group Super Bowl Party - 6:00 p.m. at Pastor Dave & Linda's home.

Wednesday:

Men's Early Morning Bible Study – 6:30 a.m. at the church office.

Thursday:

Ladies Morning Beth Moore Bible Study – 9:00 a.m. at Kelly Bryant's home.

Friday:

Mexico – Canada Night at Taco Bob's – 7:00 – 10:00 p.m.

From the Board of Directors...

The offering collected on January 31st was \$2,873. Our budget for 2010 is \$4,198 per week. Totals for the month of January are: Budget \$20,990, Actual \$17,897. Average giving per week for the year has been \$3,579. Thank you very much for your support of Sunrise Ministries and please remember that every little bit helps.

Last week we also collected monies for the Haiti relief efforts. The board of directors is happy to report that we have received \$2,427 to date. We would also like to offer a special thank you to Josh Broek for his generous offer to provide 10% of the sales at his Taco Bob's locations from this past Thursday. The total amount collected will be reported next week.

High School Youth Group...

All High Schoolers are invited to a Super Bowl Party tonight. Join us at Pastor Dave & Linda's home at 6:00 p.m. Any questions, call David and Heather Breen at 901-2321.

Donut Sponsorship...

Thank you to Sid & Liz Holwerda who are sponsoring the Sunrise Donuts this month! We appreciate their generosity! Also...congratulations to Sid & Liz on the birth of a new granddaughter born this past week.

Our Church Family...

Thank you for your prayers for Matthew Bryant. Kelly sent us this message regarding his biopsy: *We are happy to report that Matthew's biopsy came back as "Thin basement membrane disease", not Berger's disease. Wikipedia describes it well, but we're just happy to know it's NOT life threatening, will not change his diet or activity level, and that there will be no need for dialysis/kidney transplant down the road. Thank...you for all your prayers... Your support and prayers really helped us walk this road.* Matthew was in the hospital once again this past Friday due to a kidney stone. Let's continue to pray for good health for Matthew.

Women's Ministry...

- **Women's Retreat:** Have you registered yet for the Women's Retreat on February 26 & 27? Don't miss out! We encourage every Sunrise woman to attend – invite your daughters and/or your friends to join you for this special weekend and hear about God's *Measureless Love*. Today is the last Sunday to register at the \$75.00 per person rate. Please turn in your form to the Women's Ministry table by the entrance door. There will be more forms on the table if you need one. After today, the price will be \$85.00 per person.
- **Retreat Committee:** The Retreat planning committee will meet this Wednesday at 12:30 p.m. at Kelly's home.

Sunrise Mexico-Canada Night!...

A fun night at Taco Bob's Restaurant in Zeeland is planned for this Friday, February 12 for all Sunrise members & friends who are in their 20's & 30's. Join us from 7:00 – 10:00 p.m. to enjoy an open Taco Bar (Cost: \$5.00), watch the Olympics Opening Ceremonies, participate in a Wii Bowling Challenge and Apples to Apples Tournament. Come and meet some of the great new young people at our church!

Words for Wellness...

Seventy percent of U.S. children have a vitamin D deficiency due to poor diet and lack of sunshine. This can affect bone and heart health. Have your children play outside and eat foods high in Vitamin D (milk, eggs, and fish).

Grace Bosma, Parish Nurse



Birthdays this Week

Today – Abram Miedema

Monday – Nick Verburg

Tuesday – Erin Verburg

Thursday – Jamie Jaroh

Saturday – Callie Selvius, Andrew Nylaan, Jessica Verburg

Sunrise Volunteer Schedule...

Trailer Transportation:

Today: Dan Nieuwkoop
Next Week: Doug Gelder

Refreshment Servers:

Today: Rick & Gayle Golenbiewski
Next Week: Todd & Christy Hultink

KidZone This Week:

Zone 1: Anne Foote
Zone 2: Leah DeYoung
Zone 3: Jessi Helmholdt
Zone 4: Kelly Bryant

KidZone Next Week:

Zone 1: Anne Foote
Zone 2: Deb Bennett
Zone 3: Jessi Helmholdt
Zone 4: Kelly Bryant

Greeters:

Today: Charlie & Anne Foote
Paul & Barb Erffmeyer
Next Week: Pat & BeaLynn Dooling
Ty & Laura DeWitte

Nursery Care:

Today: Jason & Mari Hutchison
Next Week: Mayme Verburg
Tricia DeGroot

Want to know more about Sunrise? Our website, www.sunrisemin.org, is loaded with information about our ministries. You'll be able to explore our mission and vision, learn more about our staff, download audio and video clips, and scan past editions of the *Rays*. Bookmark it and check back often!

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